



**Latvian Sprint Cup stage and World Ranking Event
Sprint orienteering competition
LIELDIENU BALVA**

 **HOMEPAGE**
www.LieldienuBalva.lv

 **RULES**

The event will follow the [LOF](#) (Latvian Orienteering Federation) and [IOF](#) (International Orienteering Federation) regulations.

ORGANIZERS

The competition is organized by Latvian Orienteering Federation and orienteering club "Ozons"

The main organiser is Jānis Tamužs (tamuzsjanis@gmail.com, +371 26685479)

Map by: Atis Zariņš, OSKB “Leonardo”

WRE advisor: Ainārs Lupiķis

National level event advisor: Edijs Šmits

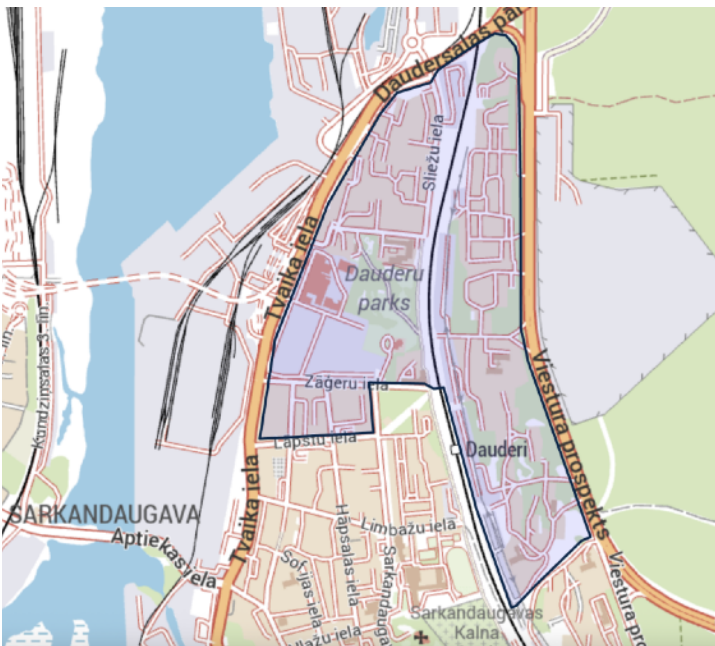
Courses by: Jānis Tamužs & Colin Kolbe

Result service by: Toms Baltacis

TIME AND PLACE

Lieldienu balva 2026 will take place on **April 6** in **Dauderi**

COMPETITION AREA



This area is embargoed since September 20, 2025: https://ej.uz/lb2026_embargo

It is **allowed** to visit the embargoed area and run through it. However, orienteering or testing route choices **are not allowed**.

We kindly ask you to follow the rules of fair play and not visit the competition terrain to gain an advantage in the competition!

APPROXIMATE COMPETITION DAY SCHEDULE

9:30 - 11:00 Arrival of participants, registration

11:00 - 12:30 Interval start for all age groups (free start for OPEN class)

13:00 - 13:30 Prize giving for age groups

14:00 -16:30 Knock-out sprint

TERRAIN

A diverse sprint orienteering terrain featuring separately located residential buildings, school and kindergarten areas, an industrial zone, parks, and a museum courtyard. The terrain is mostly flat, with occasional small hills a few meters high.



PARTICIPATION CLASSES

According to the Latvian Orienteering Federations' foot-o rules, competition will take place in the following age and skill groups: M12, W12, M14, W14, M16, W16, M18, W18, M21, W21, ME, WE, M35, W35, M45, W45, M55, W55, M65, W65, M75, W75 and older, if necessary, and OPEN class.

The knock-out sprint competition will take place in MKO and WKO groups without age restrictions. The 18 best members of the combined M18-M21E and W18-W21E groups in individual sprints will qualify for the knock-out sprint elimination rounds, consisting of 1/2 final and final. More information about the knock-out sprint will be found in the special Knock-out bulletin, which will be published together with the 3rd bulletin.



ENTRY

Entry will be available only on the Latvian Orienteering Federations' entry system from January 1.

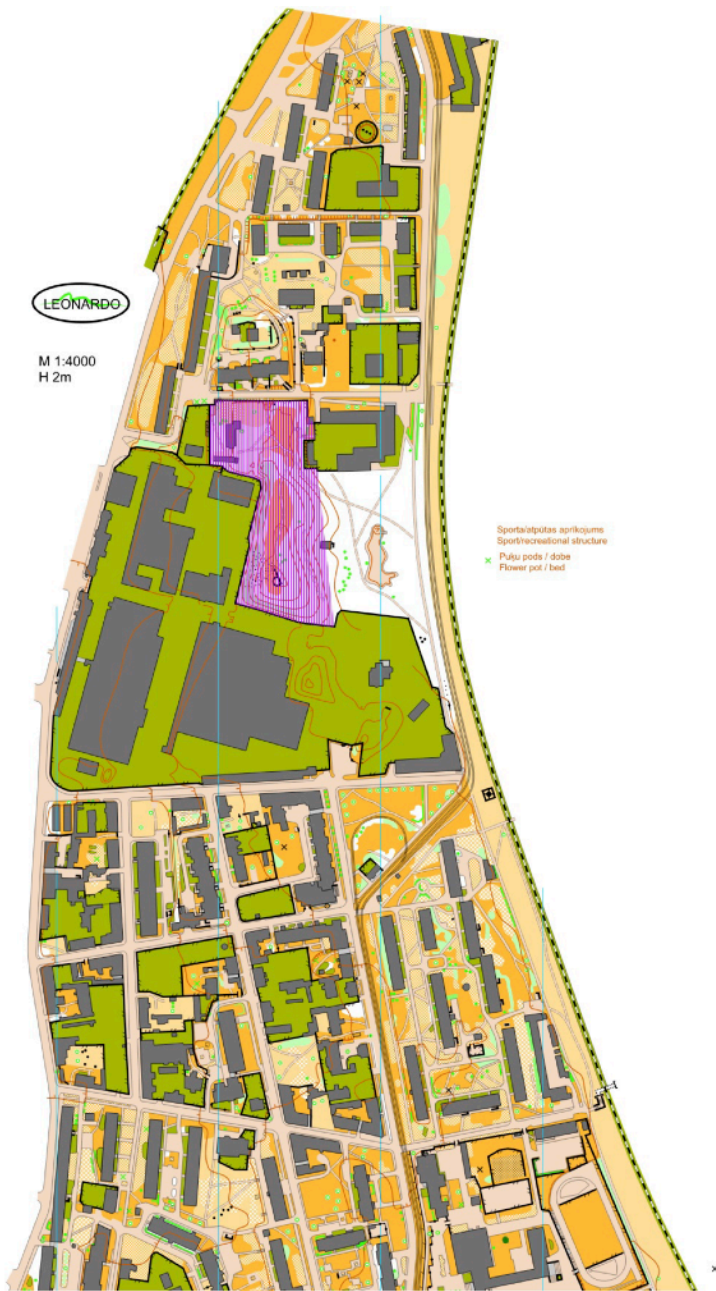


TRAINING POSSIBILITIES

Contact Jānis Tamužs (+371 26685479, tamuzsjanis@gmail.com) for sprint orienteering training possibilities in the Riga area.

There are couple of sprint orienteering maps in the Riga area, offering a variety of terrains - ranging from Soviet-time block housing estates to medieval old town.

 PREVIOUS MAP OF THE COMPETITION AREA



”Aldaris” – Atis Zariņš 2018

”Viestura prospekts” – Atis Rukšāns 2017