



Latvian Sprint Cup & World Ranking Sprint and Trail Orienteering Event **LIELDIENU BALVA** **Bulletin #4**



RULES

The event will follow the [LOF](#) (Latvian Orienteering Federation) and [IOF](#) (International Orienteering Federation) regulations.



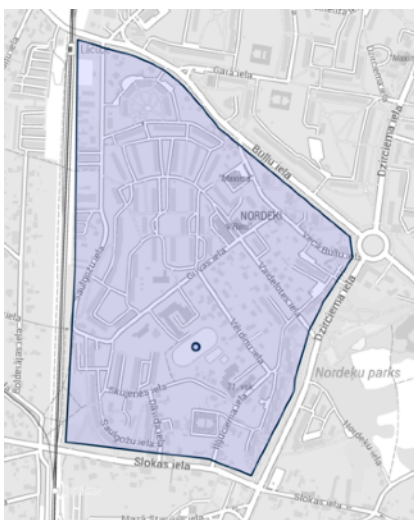
WEBSITE

www.LieldienuBalva.lv



ORGANIZERS

- Orienteering Club **Ozons** (Association “Sporta klubs Mežaparks”)
- In cooperation with **LOF**, Club **Surikati**, and **Taciņa** Association
- **Main Contact:** Jānis Tamužs (tamuzsjanis@gmail.com, +371 26685479)
- **LOF Inspector:** Ainārs Lupiķis
- **IOF Inspector:** Jurgis Krastiņš
- **Maps:** Ainārs Lagzdiņš (sprint), Jānis Rukšāns (trail-o)
- **Courses:** Jānis Tamužs (sprint), Kristaps Tamužs (trail-o)
- **Registration & Results:** Elīna Mankus
- **Jury:** **Nauris Neimanis, Guntars Mankus, Anastasija Smoļakova**



DATE AND LOCATION

April 21, 2025 — Nordeķi, Rīga



COMPETITION AREA

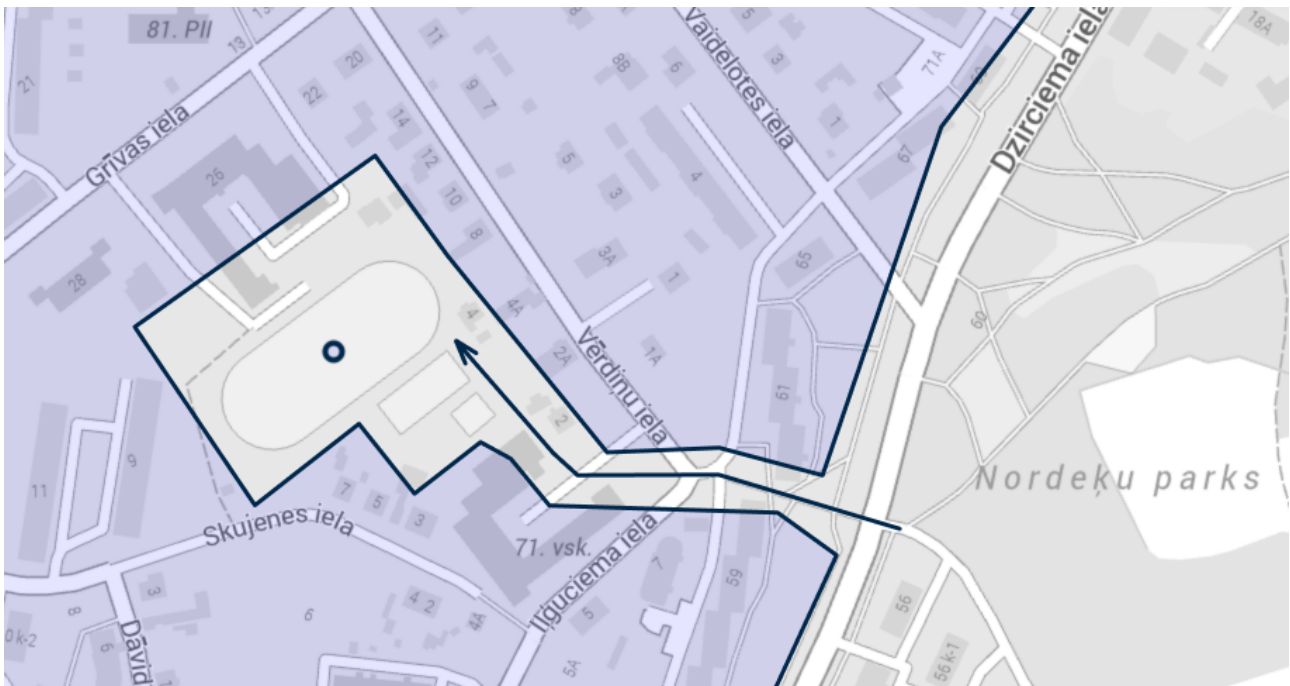
Fair play is expected — entering the area for advantage is forbidden.

- **Allowed:** Walking and running in the area
- **Not allowed:** Orienteering training, test runs, or simulations
- Embargo in effect since September 1, 2024:

[Embargo Map](#)

EVENT CENTER

- In the yard of **Rīga Secondary School No. 71**
- **No parking is provided** (except for buses) - plan extra time for arrival
- **Arrival only from the designated direction** (see map), or risk disqualification
- **Warm-up:** Allowed only in designated areas (e.g., Nordeķi Park)
- **Start and finish** will be located **at the event center**



EVENT SCHEDULE

09:30–11:00 – Arrival & registration

10:30–12:30 – TempO start

11:00–12:30 – Sprint start (draw order for competitive groups; OPEN – free start)

13:00–13:30 – Sprint award ceremony

14:00–16:30 – Knock-out sprint



CATEGORIES AND COURSE DETAILS

Class	Length, km	Controls	Class	Length, km	Controls
ME	3,8	21	WE	3,2	19
M12	2,6	12	W12	2,6	12
M14	3,1	14	W14	2,7	13
M16	3,1	18	W16	3,1	14
M18	3,8	21	W18	3,2	19
M21	3,1	18	W21	2,8	16
M35	3,2	18	W35	2,8	16
M45	3,2	18	W45	2,4	14
M55	2,8	16	W55	2,1	11
M65	2,4	14	W65	2,1	11
M75	1,9	9	W75	1,2	7
OPEN	2,1	11			

Estimated winning time: **12–15 minutes**, maximum time: **60 minutes**. Elevation: negligible



PUNCHING SYSTEM

- **SIAC** contactless system will be used
- Participation only with SIAC devices due to **contactless finish line**



KNOCK-OUT SPRINT

- For **M18/M21E** and **W18/W21E** groups
- Format: **elimination rounds** (MKO/WKO)
- Top 18 qualify → 3 semifinals (6 athletes each)
- **Top 2** from each semifinal advance to **final**
- **WRE** points
- More details in a separate [knock-out bulletin](#)



REGISTRATION

Is over.

Later entries (if starting slots are available): **email** tamuzsjanis@gmail.com

ENTRY FEES

Classes	Until April 16	Later	SIAC rental
M / W 21E	€20	€30	€2
M / W 12, 14, 16, 65, 75	€8	€15	€2
M / W 18, 21A, 35, 45, 55, OPEN	€12	€20	€2

Note: If you register, payment is required. No-show = pay 50% of the fee within 1 week.

PAYMENT METHODS:

- **In cash** at the event center
- **By transfer** to:
Beneficiary: **Sporta klubs Mežaparks**
Reg. No.: 40008129626
IBAN: **LV49RIKO0000081869260**
(Include LOF registration code in payment details)



START DRAW

- **Random** draw for all groups, except:
- **WRE elite** groups: **based on World Sprint Rankings** (April 16) – 3 ranking groups, random draw within each
- Start interval: **1 min** (M/W 65/75 – 3 min)



COMPLAINTS & PROTESTS

- Complaints: within **15 minutes** of the result publication
- Protests: within **15 minutes** of response, reviewed by a jury led by the event inspector



GPS

Mandatory for 18 + 18 selected elite athletes + all knock-out participants. **Devices will be handed out at the pre-start. The use of arm bands (provided by organizers) is strongly suggested due to accuracy.**

GPS LIST

M				
Start	Name	Surname	Class	Club
11:42:00	Vilismäe	Martin	<u>M21E</u>	<u>SK Saue Tammed</u>
11:43:00	Hjulgren	Markus	<u>M21E</u>	<u>Espoon Akilles</u>
11:44:00	Anus	Oliver	<u>M21E</u>	<u>SK Saue Tammed</u>

11:45:00	Zvirgzdiņš	Edvards	M21E	Meridiāns OK/CPSS
11:46:00	Jubelis	Andris	M21E	Madona/Mežmalas
11:47:00	Sonajalg	Ats	M21E	SK Saue Tammed
11:48:00	Aleliunas	Vilius	M21E	S Sportas
11:49:00	Gailis	Andris	M21E	Auseklis IK
11:50:00	Koveckis	Rokas	M21E	OK O Klaipeda
11:52:00	Dzenītis	Mārtiņš	M21E	Kāpa OK
11:53:00	Kūms	Jānis	M21E	Alūksne OK
11:54:00	Robalds	Andris	M21E	ZVOC-VBSS
11:55:00	Časas	Adomas	M21E	OK Ažuolas
11:56:00	Reinsons	Alvis	M21E	Madona
11:57:00	Zvagulis	Ričards	M21E	Ziemeļkurzeme OK
11:59:00	Ķirkums	Roberts	M21E	Kāpa OK/Ādažu BJSS
12:00:00	Baunis	Jānis	M21E	Madona/BJSS/OK Arona

W

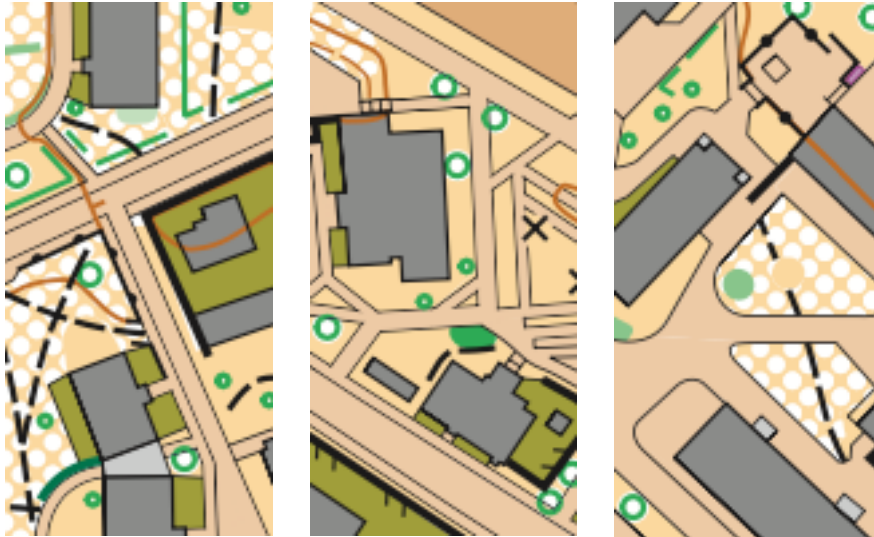
11:00:00	Baltiņa	Leonarda	W21E	Meridiāns OK/CPSS
11:01:00	Grosberga	Sandra	W21E	Azimuts OK-Sm BJSS
11:02:00	Dāboliņa	Rūta	W21E	Meridiāns OK/CPSS
11:03:00	Pandis	Hannula Katrin	W21E	Swedbank Spordiklubi
11:04:00	Puķīte	Laura	W21E	Ozons
11:05:00	Strauta	Anete	W21E	Madona/BJSS/OK Arona
11:06:00	Strazdiņa	Aiga	W21E	Ozons/RSP
11:07:00	Akerman	Anu	W21E	Hiidenkiertäjät
11:08:00	Spektore	Tina Kate	W21E	Ozons
11:09:00	Kanapinskaite	Vilte	W21E	Lėvuo OK
11:10:00	Puncule	Viktorija	W21E	Stiga OK/BJC Jaunība
11:11:00	Dirziute	Gedvile	W21E	Lėvuo OK
11:12:00	Leiboma	Laura	W21E	Kāpa OK
11:13:00	Koli	Helmi	W21E	Lynx
11:14:00	Dāģe	Ilona	W21E	Alnis OK-JNSC
11:15:00	Puķīte	Irita	W21E	Kāpa OK
11:16:00	Stoycheva	Gergana	W21E	Compass Cross
11:37:00	Jumiķe	Ilze	W18	Alnis OK-JNSC

Allowed personal GPS: no map screen, no nav functions, no communication except GPS



MAP

- Created by **Ainārs Lagzdiņš**, OSKB "Leonardo" (2024–2025)
- Scale: **1:4 000**, contours: **2m**
- ISSprOM 2019-2 standard
- Printed on **water-resistant A4 paper**, no plastic bag
- Control descriptions available at pre-start (max size: 4×11 cm)



TERRAIN

- Typical Riga suburbs: schools, houses, shops, garages, shrubs, paths
- Mostly flat terrain
- Hazards: roads, rough courtyards, laundry lines
- No prior orienteering events held in this area



TRAIL ORIENTEERING (TempO)

- **Open to all.** Previous entry is not obligatory, but possible through email lieldienu.balva@gmail.com, stating name, club, class (E, J, B)
- **10:30–12:30** – Start
- **5–6 stations**, 5 tasks each, 150-second time limit, 30-second penalty for wrong answer. Zero tolerance - 4m.
- **350m** from the competition center **to start**
- **The course is 900m** long
- More information: <https://lieldienubalva.lv/taku-o/>