



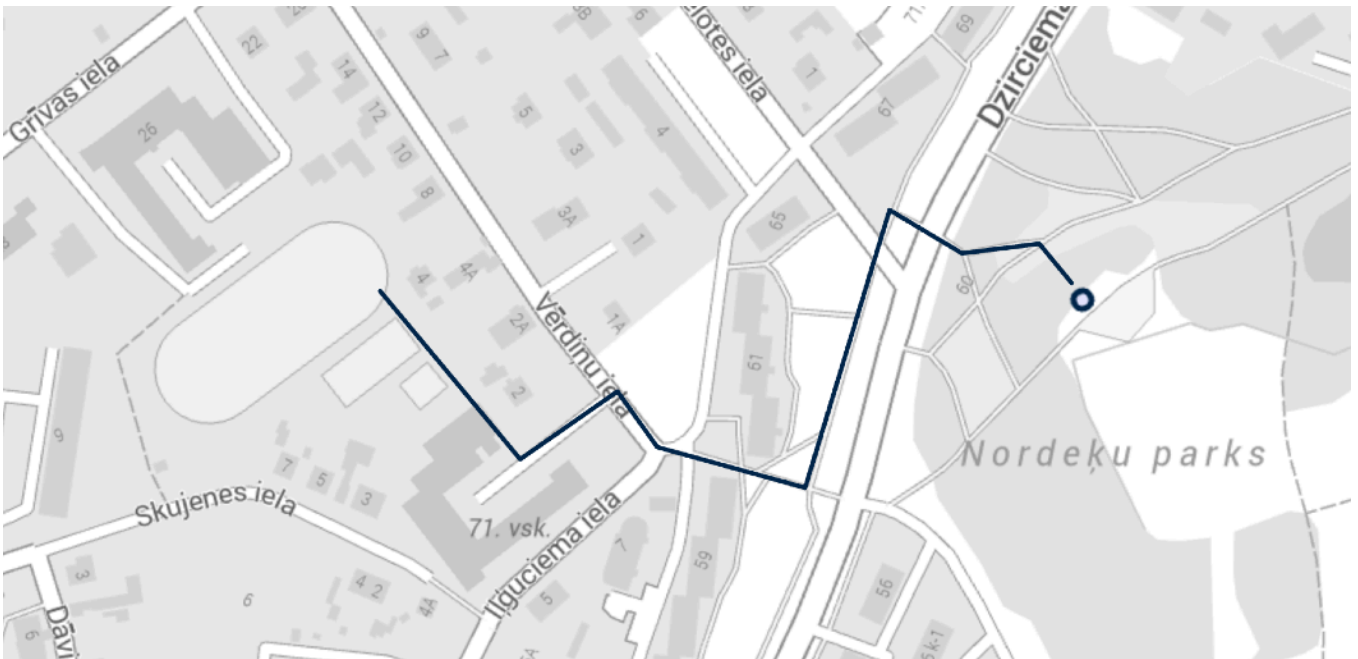
LIELDIENU BALVA KNOCK-OUT BULLETIN

TIME AND PLACE

April 21st, 2025 Nordeķi, Rīga.

Knock-out rounds will take place right after individual sprint which will serve as the qualification race.

The start and finish for the knock-out sprint will be at the competition center. The location of the quarantine is at a nearby park. See map:



SCHEDULE

11:00 - 13:00 **Individual sprint race - qualification**

Until 13:30 1/2 Final start list is published

13:45 **Knock-out quarantine closes** (for all knock-out runners)

14:00 First men 1/2 final heat

14:10 Second men 1/2 final heat

14:20 Third men 1/2 final heat

14:30 First women 1/2 final heat

14:40 Second women 1/2 final heat

14:50 Third women 1/2 final heat

Until 15:10 Final start list is published

15:15 **Final quarantine closes**

15:30 - 15:45 Men's final

15:45 - 16:00 Women's final

~16:00 Knock-out prize giving

FORMAT

In qualification, the same courses are for M18-ME and W18-WE. 18 best from these courses qualify for knock-out rounds.

If you happen to qualify but do not wish to start in the knock-out rounds, please, make it known to organisers as soon as possible, so the next best-ranked runner can get a spot!

There are **3 semi-final heats** in each category. Each heat will have 6 athletes, divided into heats using the IOF proposed algorithm. **The 2 best** from each heat will qualify for the final race.

There will be **one final race** for men and one final race for women with 6 athletes in each. In case of a close finish, placing will be determined by the order of crossing the finish line, using camera recording, if necessary. The finish moment is fixed by the athlete's chest crossing an imaginary line in the air over the finish line on the ground.

COURSE PARAMETERS

Course	Distance, km	Controls	Course	Distance, km	Controls
M K-O 1/2	1,899	10	W K-O 1/2	1,79	10
M K-O F	2,116	9	W K-O F	1,701	7

PLACING

To determine places and WRE points such scheme will be used:

- 1.-6. Depending on the finish order
- Shared 7. All three 3rd place finishers in the 1/2 finals
- Shared 10. All three 4th place finishers in the 1/2 finals
- Shared 13. All three 5th place finishers in the 1/2 finals
- Shared 16. All three 6th place finishers in the 1/2 finals

It means that even if a runner qualifies for the final and doesn't finish with a valid result, he or she would still rank higher than runners who did not qualify for the final. If runners have the same result in 1/2 final or final (for example, both are disqualified), they are ranked by comparing their previous round results.

Considering the busy schedule, complaints should be handed in no longer than 5 minutes after the results have been published. Protests have to be submitted no longer than 2 minutes after the jury's decision on the complaint. Complaints and protests can be submitted verbally, but they must be prepared in written format later.

MAP AND COURSE

The same map as for the individual sprint - see Bulletin 4.

The map size in the knock-out rounds will be A5.

Forking is possible, but not the runners-choice type of forking.

Map flip is possible.

There can be changes on the map and terrain between rounds - be careful!

QUARANTINE AND START ORDER

Runners must arrive and register at the quarantine until the set time, otherwise they might not be allowed to start.

There will be toilets and the possibility to leave personal items at the quarantine. Personal items will be transported to the finish at the same time as the runners go to the start of each round.

Runners, led by officials will approach the start area 3-5 minutes before their start time. Runners will receive a rolled map before starting. It is allowed to open it after the start signal.

Knock-out sprint participants are allowed to cool down only in the competition area until the stage (semi-final or final) is over for all heats.

GPS TRACKERS

The GPS tracking device will be given at the quarantine, except for the final – runners who qualify for the final must keep the same device they had in 1/2 final.

WHAT ELSE?

Be aware that participants of knock-out rounds might be under more stress than in the usual sprint race - not only by spectators and fellow competitors but also by photographers and videographers, who might follow during the race for a long period. Interviews and prize giving can take place straight after the finish. And remember that knock-out sprint is a complicated creature - so please be understanding if something goes wrong ;)