



WHAT EXACTLY IS KNOCK-OUT SPRINT?

Knock-out sprint is an individual high speed head to head racing format in several rounds. It is organised in urban and park terrains. Individual qualification run with an interval start is followed by a knock-out competition phase. During that, athletes compete in parallel mass start heats from which the best qualify for the next rounds. Final is a mass start race where placing depends on the order runners cross the finish line

TIME AND PLACE

April 15th, 2022, Ziemeļblāzma park. Knock-out rounds will take place right after individual sprint which will serve as the qualification race.

Start and finish for the knock-out sprint will be at the competition center. Quarantine will be next to the parking and parks' entry gate - you won't miss it!

SCHEDULE

11:00 - 12:30 Individual sprint race - qualification

13:00 1/2 Final start list is published

13:25 Knock-out quarantine closes

13:30 First women 1/2 final heat

13:40 Second women 1/2 final heat

13:50 Third women 1/2 final heat

14:00 First men 1/2 final heat

14:10 Second men 1/2 final heat

14:20 Third men 1/2 final heat

14:35 Final start list is published

14:40 Final quarantine closes

14:45 - 15:00 Women final

15:00 - 15:15 Men final

15:15 Knock-out prize giving

FORMAT

In qualification same courses are for M18-ME and W18-WE. 18 best from these courses qualify for knock-out rounds.

If you happen to qualify, but do not wish to start in the knock-out rounds, please, make it known to organisers as soon as possible, so the next best ranked runner can get a spot.

There are **three semi-final heats** in each category. Each heat will have six athletes, divided in heats using IOF proposed algorithm. **Two best** from each heat will qualify for the final race.

There will be **one final race** for men and one final race for women with six athletes in each. In case of a close finish, placing will be determined by the order of crossing the finish line, using camera recording, if necessary. Finish moment is fixed by athletes chest crossing an imaginary line in the air over the finish line on the ground.



Course parameters:

| Class | km | Estimated winning time | Class | km | Estimated winning time |
|-------------|-----|------------------------|-----------|-----|------------------------|
| ME | 3,6 | 13' | WE | 3,1 | 13' |
| M K-O 1/2 F | 1,8 | 7' | W K-O 1/2 | 1,8 | 8' |
| M K-O F | 1,7 | 6' | W K-O F | 1,7 | 7' |

PLACING

To determine places and WRE points such scheme will be used:

- 1.-6. Depending on the finish order
- Shared 7. All three 3rd place finishers in the 1/2 finals
- Shared 10. All three 4th place finishers in the 1/2 finals
- Shared 13. All three 5th place finishers in the 1/2 finals
- Shared 16. All three 6th place finishers in the 1/2 finals

It means that even if a runner qualifies for the final and doesn't finish with a valid result, he or she would still rank higher than runners who did not qualify for the final.

If runners have the same result in 1/2 final or final (for example, both are disqualified), they are ranked comparing their previous round results.

Considering the busy schedule, complaints should be handed in no longer than 5 minutes after the results have been published. Protests have to be submitted no longer than 2 minutes after jury's decision on complaint. Complaints and protests can be submitted verbally, but they must be prepared in written format later.

MAP AND COURSE

The same map as for the individual sprint - see bulletin.

Map size in the knock-out rounds will be A5. Map flip is possible. In that case, next part of the course will have continuous control numbering.

There can be changes on the map between rounds - closed gates, new forbidden areas etc. Be careful!

Courses are planned in a manner to not only surprise and test runners, but entertain spectators as well. Butterfly loops, runners' choice are possible forking methods. Also no forking is possible.

QUARANTINE AND START ORDER

Runners must arrive and register at the quarantine until certain time, otherwise they might not be allowed to start.

There will be shelter, toilets and possibility to leave personal items at the quarantine. GPS tracking device and warm-up map will be handed at the quarantine. Runners, led by official will approach start area 3 minutes before their start time. Runners will receive a rolled map with their name on it before start. It is allowed to open it after the start signal.



WHAT ELSE?

Be aware that participants of knock-out rounds might be under more stress than in usual sprint race - not only by spectators and fellow competitors, but also photographers and videographers, who might follow during the race for a long periods of time. Interviews and prize giving can take place straight after finish.